

MIDDLE SCHOOL 'VOICE' ELECTIVE:

Key Vocal Techniques

Over the past few weeks in our middle school voice elective, students have been focusing on key vocal techniques that are essential for developing strong and healthy singing skills. One of the main areas we've worked on is breathing. By learning to breathe with their diaphragm, students can support their voice and produce a fuller, more controlled sound without tension. This technique helps them maintain energy and stamina while singing, which is essential for both short performances and longer practice sessions.

We've also explored belting, teaching students the difference between belting and yelling. Belting is a powerful chest-dominant sound that allows singers to project their voices strongly, but without straining the vocal cords. By practicing how to create a controlled "yell," students gain a better understanding of how their body supports this powerful sound while keeping their voice safe and healthy.



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In addition to vocal techniques, we've discussed the deeper meaning of singing. Singing isn't just about producing notes—it's about expressing emotions, telling stories, and connecting with others. Students have explored how music can be a tool for emotional expression, whether through fun, personal enjoyment or more profound, spiritual experiences. We've also focused on the significance of worship music, encouraging students to see singing as a way to connect spiritually and express gratitude or praise.

Finally, all of these lessons are designed to help students become more confident, expressive, and skilled singers. Whether they're singing for fun, in a performance, or in a worship setting, the techniques and insights they've learned in class will help them continue to grow as vocalists. As we move forward, I encourage them to apply these skills in their everyday singing, making every note a powerful, intentional part of their musical journey.

