

PE: CRACKING THE CODE

Teamwork Shines in "What's the Password"

This week in PE, the third graders took on an exciting challenge in a game called What's the Password, blending physical activity with strategy and communication. The gym buzzed with energy as students learned to work together to keep the taggers in the dark.

The game started with three taggers chasing their classmates, who dodged and darted around the gym to avoid being tagged. Safe zones, marked by hula hoops, provided a brief reprieve—but only one player could stay in a hoop at a time. To make things more thrilling, any player in a hoop could be forced out if someone said the "password."



The real challenge? Keeping the password a secret from the taggers. This meant teams had to whisper carefully, use subtle hand signals, and even distract the taggers to protect their advantage. If the taggers figured out the password, they won.



The game was a fantastic way to emphasize teamwork. Students collaborated to keep the password hidden while supporting their peers who were tagged by cheering them on as they completed their jumping jacks. One student shared, "I liked how we had to think together and not just run—it was really fun to protect our team!"

As the session ended, the class reflected on the importance of cooperation and sportsmanship. The students learned that even if the taggers discovered the password, the real victory lay in how they communicated and worked together. What's the Password proved to be a dynamic mix of physical and mental exercise, ensuring every child left with a sense of accomplishment and a better understanding of the power of teamwork.

