

PHYSICAL EDUCATION

TOWER RUSH!

This week in PE, students participated in an exciting game called Tower Rush! This game combined elements of dodgeball and capture the flag, challenging students to work together in teams to build and protect their towers made of cones while trying to knock down the opposing team's towers using dodgeballs. However, players had to be strategicâ€”if they crossed into enemy territory, they could be tagged out!

This game helped students develop important skills such as teamwork, communication, hand-eye coordination, and throwing accuracy while moving. They had to think quickly, work together, and adjust their strategies throughout the game.



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Beyond physical skills, students also demonstrated the biblical virtue of perseverance. Even when their towers were knocked down or they were tagged out, they showed resilience by continuing to encourage their teammates and finding new ways to contribute. As Galatians 6:9 reminds us, Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up.

