

B IS FOR BALLOON PAINTING!

This week our preschoolers had a blast learning the letter B through an exciting hands-on activity—balloon painting! We started by looking at the uppercase and lowercase B, practicing the /b/ sound, and naming familiar B words like bear, ball, and banana. Then came the fun part—using balloons instead of paintbrushes to create colorful artwork. Giggles and smiles filled the room as children discovered how different and exciting it felt to paint this way!

Through Guided Experience (G), the children connected letter recognition to a playful, hands-on activity. They held the balloons, dipped them in paint, and stamped their papers, all while proudly saying, “B is for balloon!” This simple but powerful experience made the letter come alive in a way they could see, touch, and hear.

We also focused on a Heart Check (H) by connecting the activity to kindness and joy. Painting side by side gave the children a chance to practice patience and turn-taking. At the end, we celebrated with a group cheer: “We are kind! We are brave! We learned about B today!” Their artwork is now proudly displayed as a reminder that learning letters can be fun, creative, and full of heart.



**West Valley
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